



# Covid 19 Coronavirus Transmission Risk Assessment

## Introduction

This risk assessment is specific to the Covid-19 coronavirus pandemic and is in addition to (i.e. does not replace standard CVLSC risk assessments)

The risk assessment is in parallel to a temporarily revised safety policy

Members will be expected to follow government guidance re social distancing and personal hygiene in order to avoid contact and air born transmission

Members are reminded of rule 1.4 and byelaw 1.1-1.5. They sail at their own risk

Safety cover is limited to emergency only, sailors must be able to recover themselves and their boats without assistance, they must sail within their own limitations according to the conditions.

Subject to **ongoing review** as we learn and as government and RYA guidance changes.



# Covid 19 Coronavirus Transmission Risk Assessment

## General

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
members self-assess before leaving home		members self-isolate if they/members of household or others they have been in contact with display symptoms	follow Govt. guidance
		those in high risk categories self-isolate	as above
<b>all locations on site</b>			
		members required to follow social distancing and personal hygiene guidance	
<b>outer gate</b> gate	surface touched multiple times <b>C</b>	members advised to bring their own sanitiser/gloves	
outer gate padlock	surfaces touched multiple times, multiple keys. <b>C</b>	gate must be locked at all times to reduce chance of members of the public entering the site.	Bristol Water Insist on outer gate being locked at all times.
			risk of contact transmission balanced by potential of
			overcrowding by members of the public
<b>inner gate.</b> Gate			
		OOD open on arrival - as above	



# Covid 19 Coronavirus Transmission Risk Assessment

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
inner gate padlock	surfaces touched <b>C</b>	as usual OOD unlocks and leaves gate unlocked	
<b>signing in hut</b>	pen and clip board- too many people touching. <b>C</b>	signing in hut not to be used. all members report to OOD to complete daily sheet	essential
		name membership number and boat- essential for safety but also to respond to Covid-19 infection- track and trace	
<b>on site</b>		Maintain Social Distancing at all times in all locations.	
		Manage numbers through pre-booking system	members survey will inform if this is required
<b>Club house</b>	<b>C + A</b>	All areas closed except for 3 toilets (see below). OOD only access to lake side of clubhouse for defib, duty sheets etc.	
		hand sanitiser must be used by everyone every time they enter the building, members advised to bring their own	Automatic dispensers (x4) and several litres of sanitiser
gate to key chain cabinet	surfaces and padlocks. <b>C</b>	gloves hand sanitiser available to OOD	secure and regular supply



# Covid 19 Coronavirus Transmission Risk Assessment

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
key chain itself	handled by previous OOD. And possible members in between sailing days	as above. access to clubhouse and undercover boat store not permitted except on sailing days	
	<b>C</b>	only OOD handles key chain	
<b>unlocking clubhouse</b>			
S door to undercover boat store	<b>C</b>	only OOD - prop door open	
up and over doors	<b>C</b>	as above	
access to radios in Sec's office	Shared use of Club Radios	as above, radios to be placed in sandwich bag, each radio only used by one person each day. bags binned at end of day	
main door to club house	surface touched multiple times	left open by OOD on arrival	
	members passing each other going in and out, droplet transmission <b>A</b>	one-way system for use of disabled toilet	confirm on Wednesday
internal doors	surfaces touched multiple times. <b>C</b>	minimise areas open, hand sanitiser should have been used already before entry, ensure strict "disinfectant" cleaning regime by cleaners	
	members passing each other going in and out, droplet transmission. <b>A</b>		



# Covid 19 Coronavirus Transmission Risk Assessment

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
		all areas of the club house closed except limited toilets (see below) and for OOD access to duty desk and defib and first aid	
		hand sanitiser at entry points must be used	
<b>toilets</b>	multiple surfaces, members passing each other droplet transmission. <b>C</b>	max. 3 toilets open, restrict to 2 toilets with access from entrance hall + disabled loo in undercover boat store. Flow of persons controlled by signage.	OOD will need to check level of soap and hand sanitiser
<b>changing rooms and showers</b>	potential close proximity, high humidity if showers in use. <b>A</b>	areas closed in phase 1	
	multiple surfaces <b>C</b>		
<b>Galley, club room and bar</b>	multiple surfaces and airborne <b>C + A</b>	those areas closed in phase 1 except for OOD to access defib and other equipment etc.	manageable, check that full first aid kit available in undercover boat store
			approach RH re takeaway, await guidance on restaurants cafes bars clubs etc.



# Covid 19 Coronavirus Transmission Risk Assessment

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
car park	droplet transmission between members. <b>A</b>	members required to follow social distancing, park considerately	need to work out how to manage that on the narrower slips
dinghy park	droplet transmission between members. <b>A</b>	members required to follow social distancing	
slipways (also see launch below)	droplet transmission between members. <b>A</b>	members required to follow social distancing	
management of safety cover	see Management of Safety Cover page 9		
tractor and ribs fuelling launch and recovery			
"manning" of safety cover	". " "		
observation by OOD from balcony	". " "		
<b>Sailing</b>			



# Covid 19 Coronavirus Transmission Risk Assessment

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
			Members instructions for decongesting trolleys from slipways
single handed boats launch	helping each other with trolleys C	social distancing should be possible, sailors advised not to help each other with trolleys	need to manage build up of trolleys in the water
single handed boats on the water	adults	social distancing - no problem, no	
	children may wish to raft up etc,	parental responsibility to ensure social distancing, OOD keep watch	
double handers	impossible to maintain distance	not allowed unless in same family / household	not sure how you manage that one
double hander launch if using winch	multiple hands on rope	hand sanitiser before use	Members advised to bring own sanitiser
on the water	social distance, low risk therefore	no racing, training, group activity including. informal racing and training	
return to shore	as above- trolleys and winch rope	To be controlled by RBH from water if necessary, to ensure social distancing.	



# Covid 19 Coronavirus Transmission Risk Assessment

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
Schools / Universities	complete own risk assessment, and follow our rules re communal areas	individuals may be able to sail if group rules, risk assessment, insurance etc. allows	Sailing Comm. to communicate
CLADS	" " "	" " " " " "	probably can't sail this year- cannot maintain distance
police group	" " "	individuals may be able to sail if group rules, risk assessment, insurance etc. allows	Sailing Committee to communicate
gear failure / capsize / serious incident	see Management of Safety Cover page 9		
closing / locking up			where is hand sanitiser stored at end of day if not in fixed dispensers
reverse of opening up	see above	hand sanitiser, only OOD handles bunch of keys. Members leave when requested	
final closure of gates and padlocks			





# Covid 19 Coronavirus Transmission Risk Assessment

## Management of Safety Cover

**Members must be competent to sail and manage capsize, gear failure themselves except in emergency. Current RYA interpretation of Govt. guidance may mean ribs available for emergency use only**

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
tractor and ribs fuelling launch and recovery	Surface contact C		
2 ribs must be launched			
tractor steering wheel and controls	" "	Nominated driver to wear gloves	
			TBA
rib steering wheel and controls	" "	Nominated RBHs to wear gloves	
fuel store lock, door, fuel cans, funnel, earth lead etc.	multiple surfaces C	only OOD handles bunch of keys, provide gloves	supply of gloves/sanitiser
		social distancing refuelling possible	



# Covid 19 Coronavirus Transmission Risk Assessment

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
launching		possible with one in tractor and one on rib	more difficult as water level drops/rib gets stuck
if tractor broken		long rope, marked at minimum 2m intervals	Requires co-ordination by the OOD on day.
manning of rescue boat	<b>Airborne and contact (Social Distancing)</b>	CVLSC current policy 2 ribs launched 2 people helm and crew in at least <b>one</b>	
	<b>A &amp; C</b>	social distancing cannot be maintained therefore change policy temporarily to	
		one helm in each rib/pairs in same household. Therefore.....	to be agreed by SC and GC
		restrict sailing to maximum wind speed.	
		restrict sailing to old summer area/ S limit mark 8 to B	OOD initially needs to be officers/ "senior" members of the club
		OOD on watch in communication by radio, maintain social distancing on balcony	
gear failure on rescue boat		Equip with hand-held radio and mobile phone (with emergency contact number)	Towing possible from 2nd RIB



# Covid 19 Coronavirus Transmission Risk Assessment

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
gear failure capsize etc		restriction on wind speed should minimise risk, equip safety boat /with masks	Advice to be given to members
		restriction on sailing area and instructions to sailors with competence level	
		and additional checks/equipment on boats	
gear failure on sailing boat		towing possible in emergency only, sailors advised to have means of propulsion back to shore.	Advice given to members
capsize and sailor unable to right boat	<b>C &amp; A</b>	Experienced OOD to assess whether conditions are benign for sailing	
	(Social Distancing)		one person in rib can help lift mast/shroud, push boat head to wind.
capsize and sailor unable to get back into boat	<b>Problem with social distancing</b>	restriction on wind speed should minimise risk, equip safety boat /with masks?	
entrapment	<b>Potential problem with social distancing</b>	restriction on windspeed minimises risk	advise use of mast head floats, righting lines etc.



# Covid 19 Coronavirus Transmission Risk Assessment

<i>In all cases measures aim to reduce the risk level to as low as possible</i>			
Assessment of Risk - <b>HIGH RISK</b> - <b>MEDIUM RISK</b> - <b>LOW RISK</b>			
Location or Situation	Transmission Route - Contact C Airborne A	Measures to Reduce Risk	Notes / Comments
serious injury	<b>C &amp; A</b>	restriction on wind speed reduces risk )	usual emergency procedure followed- may require 2 people in one boat
		tow sailor in boat or low level craft to shore. ). See Emergency Procedures Page 13	low risk of transmission of virus balanced by risk to sailor of not responding
		first aid kits equipped with masks as well as gloves. )	
Heart attack / stroke/serious medical emergency	<b>C &amp; A</b>	tow sailor in boat to shore, pull sailor out of water taking care to minimise risk	usual emergency procedure followed
		first aid kits equipped with masks as well as gloves	
		chest compressions only. Defibrillator if indicated.	first aiders may choose to make patient as comfortable as possible and await ambulance - see emergency procedure.



# Covid 19 Coronavirus Transmission Risk Assessment

## Emergency Procedures

An emergency is an emergency.

This risk assessment, and measures to reduce risk, are intended to further reduce the risk of an emergency or a call out to the emergency services

CVLSC emergency procedure as outlined in the OOD duty book is current and has the following temporary addendum:

Serious incident on the water may require 2 people in one boat: low risk of virus transmission balanced by risk to individual of not responding

First aid kits contain masks as well as gloves

If members are concerned about administering first aid, make sure the casualty is comfortable and call the emergency services

If CPR is required, follow the below guidelines from St Johns Ambulance:

Put a dry cloth over the mouth of the casualty

Administer chest compressions only

Do not give mouth to mouth

Club defibrillator is available to the appointed OODs

Note: Any reusable first aid items must be sterilised before reuse such as: Lifebuoys, throw lines, blankets, coats.

Cloths used to cover mouths in CPR must be thrown away.