

CVLSC Coronavirus Return to Sailing Phase 3 Members Instructions

You are expected to read this document in advance of coming sailing.



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General Overview

We are delighted to be back sailing albeit with restrictions that can be frustrating to us all. We are aware that the instructions below may still seem prescriptive. We have gradually relaxed them over time but the virus remains active in the population. We will always be mindful and adhere to Government and RYA advice and guidance and Bristol Water stipulations.

In the meantime, the Directors and General Committee have a responsibility to work with you, to ensure as far as possible a safe environment, to continue to enjoy our sport.

Before travelling you should take account of the latest government guidance on covid-19 and social distancing. Members resident in Wales should remember that they are subject to different rules.

General government advice and guidance is available [here](#).

You must be competent and physically able to sail, recover yourself from a capsized or gear failure and get back to shore. It is your responsibility to assess the conditions, sail within your limitations and reduce the risk of needing to call the emergency services. **No normal rescue cover will be provided; RIBs are available for emergencies only.**

Do not travel if you are in any doubt.

In terms of the decision to sail, be particularly cautious to avoid putting unnecessary additional pressure on our club volunteers and the emergency services. Consider the issues on the following sites:

1. General RYA advice ; [Know your limits; look after yourself; keep in touch and, above all, have a plan.](#)
2. Specific RYA advice in relation to Covid 19: [Guidelines on the RYA website](#)
3. Practical advice on detailed [preparation before sailing](#): in particular boats prone to inversion should consider the use of masthead floats, and you may wish to carry a paddle on board so you can get to the shore if you experience a problem

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Who can come to the club?

We must avoid overcrowding the club grounds, so:

- Only come to the club if you have successfully **pre-booked** to sail.
- Only come to the club if you are a 2020-21 member – for a trial period from 18th August you may pre-book one occasional sailing guest to sail with you in your boat.
- Do not come on the off chance that someone does not turn up; you will not be able to sail.
- If you need to do any boat maintenance, please try to do so outside of the published revised sailing times, if you come during sailing times sign in with the OOD.
- Members wishing to watch the sailing- must sign in with the OOD

Before travel:

Bring hand sanitiser and gloves, and any food/water you may need.

You may wish to change into your kit prior to travelling if you live locally. There are no changing facilities open in the clubhouse so where this is not possible you will need to change 'al fresco!' Please be discrete.

When is the club open for sailing?

Saturday, Sunday and Wednesday 10.00- 4.00, subject of course to Bristol Water regulations.

For a trial period, we have removed the two time slots for each sailing day. Members will be able to book to sail and can choose when they arrive and leave, but withing the outer time limits.

Given the numbers we have seen so far we don't think the club will be over-crowded and we believe this will spread out the arrival, launch, recovery and departure times, and allow more flexibility for members to sail when it suits them.

- The three sailing days, Wednesday, Saturday and Sunday will operate the same sailing hours, 10.00 – 16.00.
- **The end time of 16.00 is to be considered the 'off the water time'.**

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On arrival and around the Club grounds:

Bristol Water have confirmed that the club gate must be closed and locked at all times; use gloves and/or hand sanitiser when handling the gate, padlock and chain.

The 'sign in' hut is closed. This changes the normal requirement.

Park in the main car park well separated from the nearest car

Everyone arriving at the Club must 'Sign In' with the OOD as soon as possible, Should you arrive early, give the duty team time to set up properly in the morning before signing in.

Please be respectful and courteous to other members, *maintaining correct social distancing at all times* while rigging and moving about the club grounds

The clubhouse, changing rooms, race hut and galley/bar area are closed (except to purchase food) and you must not try to access these. The duty team only may enter in order to have access to first aid and other emergency equipment.

As Rob Hatherell trials eat outside / takeaway meals on there will be a guided route to collect and pay for food.

Three separate toilets will available, each with wash hand basins. Please take special care to wash your hands before and after use.
Use the hand sanitiser available at the entry points.
Anti-viral wipes are available in the toilets to clean surfaces before and after use.

Club boats are now available for use but (yet more to read) there are specific instructions for booking and managing the kit.

<https://www.chewvalleysailing.org.uk/wp-content/uploads/documents/CVLSC-Coronavirus-Club-Boats.pdf>

Individuals may access the undercover boat store to get their boats/kit

Picnicking – Be aware that the picnic tables may have been used by another member prior to you, maintain social distancing at all times.

Launching:

Bring your own hand sanitiser/gloves for use where there is a known touch point - for example the South slipway winch.

Do not crowd the slipways and pontoons – ensuring you are able to maintain adequate social distancing. Take time to let others launch and move off to keep the space clear.

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CHEW VALLEY LAKE SAILING CLUB

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Double handers: if sailors are from different households you are advised to read the latest RYA guidance in order to assess and manage the risk - see <https://www.rya.org.uk/SiteCollectionDocuments/clubs/RYA%20Sailing%20%26%20Racing%20in%20Mixed%20Households.pdf>

Take extra care that you properly check your boat before leaving the shore ensuring there are no rigging issues.

On launching, make sure your trolley is clear of the water and out of the way so that others do not have to handle it. It will help if singlehanded boats equip a long line to their trolley in case assistance is needed launching/recovering.

Sailing:

The rescue cover in phase three of our return to sailing is still limited and may consist of a single person only in a RIB. They will be equipped with a mask and gloves if they choose to use them but may only be able to provide limited assistance in an emergency. Any decision to sail is your own, and you should be particularly cautious of the risks involved.

The maximum wind speed for sailing will be 15 knots. The decision of the OOD is final; please follow any instruction to return to shore.

The sailing area can now be the full area but may be limited by the duty team if conditions demand. Please do not stray outside of the area decided on the day.

Tempting though it may be if conditions are warm, do not deliberately capsize your boat.

Aim to finish sailing by the end of the time slot.

After Sailing:

Continue to adhere to social distancing and other requirements as above.

Remember to lock the outer gate on departure.

If the duty team have recovered and cleaned the ribs and locked up before you leave please ensure the inner and outer gate are locked.