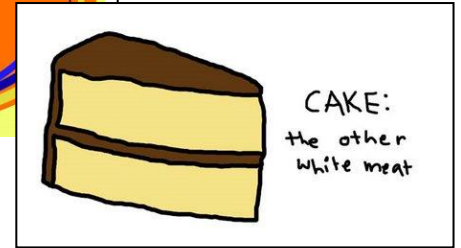


Ladies Day



Ladies Day

Saturday 6th July 2013

To encourage more women to take the helm and to enter the ladies race, we are trialling this format for 2013. Crews do not have to be female.

Training / practice / social sailing in the morning,

briefing at 11.00 – rigged and ready to sail

Ladies Race in the afternoon (or social sailing if racing isn't for you)

Separate starts for experienced racers and novice/developing racers

Briefing at 1.30, first start 2pm

Tea and cake after sailing –

proceeds to the Ewings Sarcoma Research Trust

If you are interested and/ or would like to find out more or you're not sure if it's for you...please come and talk to me, give me a ring or send me an email. We do need to have an idea of numbers

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